



**CAMP CHIEF HECTOR  
YMCA**

**2023**





# ABOUT CAMP CHIEF HECTOR YMCA

FOR OVER 90 YEARS, CAMP CHIEF HECTOR YMCA HAS BEEN A CAMPER'S PARADISE. OPERATING YEAR-ROUND, CAMP CHIEF HECTOR YMCA OFFERS A UNIQUE CAMPING AND OUTDOOR EXPERIENCE. WHILE PROGRAMS TYPICALLY FOCUS ON YOUTH THROUGH OUR SUMMER CAMPS AND 3-SEASON OUTDOOR SCHOOLS, CAMP CHIEF HECTOR ALSO OFFERS WEEKEND PROGRAMS FOR ADULTS AND FAMILIES, AS WELL AS MEETING AND EVENT FACILITIES.

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# ACTIVITIES

These are some of the activities our summer camp program has. Please note: While we aim to provide a wide variety of activities for your camper, these activities depend on age. The days are filled with fun activities, but not all campers will get to experience every activity.

Archery		Team Building Games	
Flatwater Canoeing		Challenge Course	
Arts & Crafts		Drama Based Activities	
Nature & Outdoor Play		Campfire	
Hiking		Horse Experience	
Rock Climbing	6 years+	Horseback Riding	12 years+
High Ropes	12 years+		

6-Day Programs - All campers will experience a one night overnight camping experience.

13-Day Programs -- All campers will experience a multi-night overnight backcountry camping experience.

## A TYPICAL DAY AT CAMP

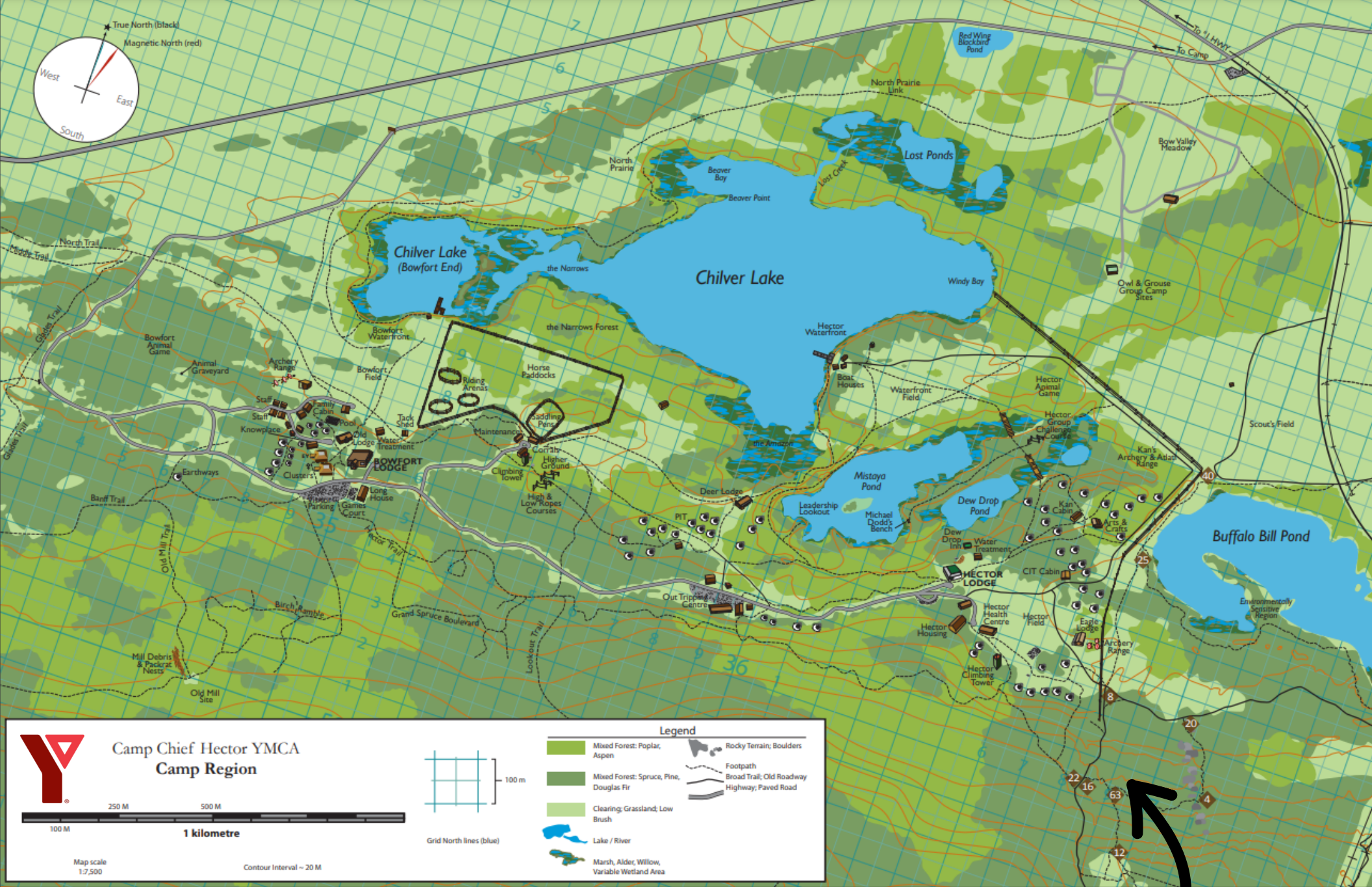
8:15 am	Morning Section Activity
8:30 am	Breakfast
9:30 am	Activity Block - Yurt/Tipi Group
11:00 am	Activity Block - Yurt/Tipi Group
12:30 pm	Lunch
1:30 pm	Activity Block - Yurt/Tipi Group
3:00 pm	Activity Block - Yurt/Tipi Group
5:30 pm	Dinner
6:30 pm	Free play and Rest time
7:30 pm	Section Activity or Freebies
8:15 pm	Evening Snack
8:30 pm	Evening Appreciations/Reflection
9:00 pm	Wind Down and Bedtime Routine

**Activity Blocks** allows campers to participate as their tipi/yurt group the above listed programs. Campers will have these times to develop teamwork, build friendships and create memories together at these program areas.

**Section Activity** is a time for campers to gather with all groups in their age group. An activity will be facilitated during this time which could be a sing-a-long campfire or a large game such as capture the flag. It's a time to gather and connect with other campers their age to expand their community.

**Freebies** are a time where your camper is able to sign up to attend a program area they enjoyed the most so they can experience it again! They will join other campers with the same interest and get to focus on what they loved to do the most.





# A snapshot of our site!

Camp Chief Hector YMCA is located in Bow Valley Provincial Park in Exshaw, AB.

We are fortunate to have access to over 1000 acres of land to explore, learn, and play together outside in nature.



# 6 DAY OVERNIGHT PROGRAMS

## Chiniquay [7-9 years]

### Accommodations: Cabin or Tipi

Chiniquay campers come for 6 days, 5 nights, and stay in either tipi or cabin accommodations located at Bowfort Lodge. They will experience many camp activities that include archery, rock climbing, games, canoeing, and get to visit the horses. Chiniquay campers will also participate in an introduction to overnight camping and spend a night onsite in a tent. All Chiniquay campers will develop their teamwork skills, experience new challenges and meet new friends.

**Chiniquay campers must turn this age by December 31st, 2023**



## Mistaya [10-11 years]

### Accommodations: Yurt

Mistaya camp offers a time for learning, making friends, working as a team, and having fun outdoors! During this 6-day program, campers will participate in a day hike, canoeing, arts and crafts, climbing, and an overnight excursion in a tent or shelter on site. All Mistaya camps are run out of Hector Lodge and campers will stay in yurts. This program is an introductory level program for those campers new to camp between the ages of 10-11 years.

**Mistaya campers must turn this age by December 31st, 2023**

## Kananaskin [12-13 years]

### Accommodations: Yurt

Kananaskin camp offers a time for learning, making friends, working as a team, and having fun outdoors! During this 6-day program, campers will participate in a day hike, canoeing, arts and crafts, climbing, and an overnight excursion in a tent or shelter on site. All Kananaskin camps are run out of Hector Lodge and campers will stay in yurts. This program is an introductory level program for those campers new to camp between the ages of 12 - 13 years.

**Kananaskin campers must turn this age by December 31st, 2023**





# 13 DAY OVERNIGHT PROGRAMS



## Mistaya [10-11 years]

### Accommodations: Yurt

Mistaya campers come to camp for a 13-day session and live in yurts near Hector Lodge. Campers will participate in various traditional camp activities including archery, rock climbing, and canoeing while developing their teamwork and self-confidence. Each camper will get the opportunity to visit and learn about the horses. Each Mistaya camper will experience a 3-day overnight hike at a local campsite. During this adventure, campers will help pack and carry their gear and food, help set up their campsite and work as a team to learn and have fun.

**Mistaya campers must turn this age by December 31st, 2023**

## Kananaskin [12-13 years]

### Accommodations: Yurt

Kananaskin campers come to camp for a 13-day session and live in yurts near Hector Lodge. Campers participate in various traditional camp activities including archery, rock climbing, and canoeing while building their team, and developing their personal skills. Each camper will have the opportunity to visit the horses. These campers will prepare for their 4-day overnight hike by first doing a day hike and camp overnight onsite. During the hiking adventures, campers will help pack and carry their gear and food, help set up their campsite and work as a team to learn and have fun.

**Kananaskin campers must turn this age by December 31st, 2023**





# 13 DAY OVERNIGHT PROGRAMS

## Pioneer- Canoe Focus [14-15 years]

### Accommodations: Yurt

Pioneer canoe campers come to camp for a 13-day session and stay in yurts near Deer Lodge (Mid-camp). Campers will learn about teamwork, leadership, responsibility, and develop personal strengths and self-confidence. Campers will participate in a variety of camp activities such as games, arts and crafts, archery, climbing and more. These campers will participate in 9 days (total) of canoeing. These 9 days are broken down into a day trip, an overnight, and the longer backcountry expedition. These experiences give opportunities for campers to focus on developing leadership and outdoor living skills, as well as backcountry travel.

Pioneer campers must turn this age by December 31st, 2023



## Pioneer- Hike Focus [14-15 years]

### Accommodations: Yurt

Pioneer hike campers come to camp for a 13-day session and stay in yurts near Deer Lodge (Mid-camp). Campers will learn about teamwork, leadership, responsibility, and develop personal strengths and self-confidence. Campers will participate in a variety of camp activities such as games, arts and crafts, archery, climbing and more. These campers will participate in 9 days (total) of hiking. These 9 days are broken down into a day trip, an overnight, and the longer backcountry expedition. These experiences give opportunities for campers to focus on developing leadership and outdoor living skills, as well as backcountry travel.

Pioneer campers must turn this age by December 31st, 2023



# HORSE BASED PROGRAMS

## Wrangler in Training -

### Level 1 [14-16 years]

#### Accommodations: Yurt

Our Wrangler in Training Program is an equine and leadership focused program. In this two week program, campers will spend the majority of their time involved in activities at the barn where they will gain a rich experience with horses involving developing horsemanship and horseback riding skills. Campers will also participate in camp activities, a day hike, and games. They will experience daily life at the barn and have leadership opportunities with the younger groups onsite. Wranglers in Training 1 is suitable for campers that have no or some horse experience.



## Wrangler in Training -

### Level 2 [14-16 years]

#### Accommodations: Yurt

Our Wrangler in Training Program is an equine and leadership focused program. In this two week program, campers will spend the majority of their time involved in activities at the barn where they will gain a rich experience with horses involving developing horsemanship and horseback riding skills. Campers will also participate in camp activities, a day hike, and games. They will experience daily life at the barn and have leadership opportunities with the younger groups onsite. Wranglers in Training II is suitable for campers that have been through the Wrangler in Training program, or have past experience with horseback riding and are able to comfortably ride including trotting. .



**All wrangler in Training campers must turn this age by December 31st, 2023**

# LEADERSHIP BASED PROGRAMS

## Leadership - Hike Focus [16 years]

### Accommodations: Yurt

Leadership campers come to camp for 27 days and stay in yurts near Deer Lodge (Mid-camp). Their focus will be on learning and developing backcountry expedition skills and leadership abilities. To facilitate their development in these areas, campers will participate in various outdoor expedition trips, including onsite overnights and day trips. Included in this program is over 16 nights of backcountry hiking trip experience. Groups plan and prepare together for their exciting and rewarding expedition trips with their leaders. Throughout their month-long experience, they will develop personal strengths and new abilities.

**Leadership campers must turn this age by December 31st, 2023**



## Leadership - Canoe Focus [16 years]

### Accommodations: Yurt

Leadership campers come to camp for 27 days and stay in yurts near Deer Lodge (Mid-camp). Their focus will be on learning and developing backcountry expedition skills and leadership abilities. To facilitate their development in these areas, campers will participate in various outdoor expedition trips, including onsite overnights and canoe practice training prior to the expedition. Included in this program is over 16 nights of backcountry canoe tripping experience. Groups plan and prepare together for their exciting and rewarding expedition trips with their leaders. Throughout their month-long experience, they will develop personal strengths and new abilities.

**Leadership campers must turn this age by December 31st, 2023**



# LEADERSHIP BASED PROGRAMS

## Leaders in Training [17 years]

### Accommodations: Yurt

Registration for the Leaders-in-Training (LIT) program involves an application and interview process that is open to past Leadership participants and other interested youths. LIT is a month-long program during which they will participate in leadership training, a backpacking trip, and activities to develop their leadership skills. The second two weeks is reserved for the LIT's to volunteer as a counsellor for a Chiniquay or Mistaya group. This program is focused on building leadership skills and gaining experience being a counsellor. This program includes a 3 day offsite expedition aimed to build outdoor leadership skills

Leader in Training campers must turn this age by December 31st, 2023



**ALL CAMPERS INTERESTED IN LIT  
AND SAC DENE ARE REQUIRED  
TO SUBMIT AN APPLICATION TO  
CAMP PRIOR TO JANUARY 17th**

Applications will be reviewed, and  
interviews will be held in beginning of  
February.

Please send a resume and cover letter  
stating why you would like to participate  
in this program to [cchy@calgary.ymca.ca](mailto:cchy@calgary.ymca.ca)

## Sac Dene Canoe Program [17 years]

### Accommodations: Yurt

Sac Dene campers come to camp for 55 days and live in a Yurt near Deer Lodge. The focus of this program is on honing outdoor leadership skills on a 40-day wilderness canoe trip.

Sac dene Campers will be immersed in a team environment, allowing them to explore the ways in which they can contribute to a common goal and group identity. Campers will become a part of the planning and preparation process for the wilderness expedition by contributing toward food and gear packing as well as developing individual and group goals for the expedition. On the wilderness expedition, campers will have the opportunity to hone their skills as outdoor leaders by taking on peer-leadership roles, such as navigation, route planning, camp craft, and cooking. Throughout the Sac Dene program, campers will develop their personal strengths, learn new skills, and recognize areas of growth.

Sac Dene campers must turn this age by December 31st, 2023



# DAY CAMP

## Day Camp Program [6-9 years]

**Lunch is provided.**

Day Camp sessions run 5 days, Monday to Friday. Campers receive a lunch each day to fuel them as they participate in many traditional camp activities including archery, games, canoeing, climbing, and pony petting. Day campers work as a team to experience new activities and face challenges with the guidance of their counsellor. Bussing is available from CANMORE and EXSHAW for no additional cost. Our site is located in the Bow Valley - approximately 55 min west of Calgary.

Transportation for day camp is either by personal vehicle or by bus from Canmore and Exshaw.

**There is no bus transportation from Calgary for our Day Camp program.**

**Day Camp campers must turn this age by December 31st, 2023**



# 2023 SESSION AND PRICE GUIDE

AGE	CAMP	FEE	2023 SESSIONS							
			Registration dates and instructions (on page 3). For more information please visit: <a href="http://www.ymcacalgary.org/camps/camp-chief-hector">www.ymcacalgary.org/camps/camp-chief-hector</a>							
CAMPS BASED AT BOWFORT LODGE (6 – DAYS)										
6 – 9Y	DAY CAMP (CO-ED)	\$380	A Jul 3 – 7	B Jul 10 - 14	C Jul 15 - 21	D Jul 24 - 28	E July 31 - Aug 4	F Aug 8- 11 *PRO-RATED FOR 4 DAYS	G Aug 14 – 18	
FOR DAY CAMP ONLY - Bus Service Provided from Canmore and Exshaw. * Lunch is Included.										
7- 8Y	CHINQUAY Cabin	\$815	A Jul 2 – 7	B Jul 9 - 14	C Jul 16 - 21	D Jul 23 – 28	E Jul 30 – Aug 4	F Aug 6 - 11	G Aug 13 – 18	H Aug 20 – 25
8-9Y	CHINQUAY Tipi	\$815	A Jul 2 – 7	B Jul 9 - 14	C Jul 16 - 21	D Jul 23 – 28	E Jul 30 – Aug 4	F Aug 6 - 11	G Aug 13 – 18	H Aug 20 – 25
All Chiniquay campers must be completing Grade 1 by June 2022 and turning 7 by December 31, 2023										
CAMPS BASED AT HECTOR LODGE (6 – DAYS)										
10 - 11Y	MISTAYA Yurt 6 day program	\$815	A Jul 2 – 7	B Jul 9 - 14	C Jul 16 - 21	D Jul 23 – 28	E Jul 30 – Aug 4	F Aug 6 - 11	G Aug 13 – 18	H Aug 20 – 25
12 – 13Y	KANANASKIN Yurt 6 day program	\$865	A Jul 2 – 7	B Jul 9 - 14	C Jul 16 - 21	D Jul 23 – 28	E Jul 30 – Aug 4	F Aug 6 - 11	G Aug 13 – 18	H Aug 20 – 25

# 2023 SESSION AND PRICE GUIDE

## CAMPS BASED AT HECTOR LODGE (13 – DAYS)

10 – 11Y	MISTAYA Yurt 13 day program	\$1700	1 Jul 2 - 14	2 Jul 16 – 28	3 Jul 30 – Aug 11	4 Aug 13 - 25
12 – 13Y	KANANASKIN Yurt 13 day program	\$1800	1 Jul 2 - 14	2 Jul 16 – 28	3 Jul 30 – Aug 11	4 Aug 13 - 25

## CAMPS BASED AT MID-CAMP (13- DAYS)

14- 15Y	PIONEER Yurt	\$1900	1 Jul 2 - 14	2 Jul 16 – 28	3 Jul 30 – Aug 11	4 Aug 13 - 25
14-16Y	WRANGLER IN TRAINING Yurt	\$2000	1 Jul 2 - 14	2 Jul 16 – 28	3 Jul 30 – Aug 11	4 Aug 13 - 25

## LEADERSHIP BASED PROGRAMS

16Y	LEADERSHIP Yurt	\$4000	JULY – HIKE FOCUS Jul 2 - 28		AUGUST – HIKE FOCUS July 30 – Aug 25	
				JULY – CANOE FOCUS Jul 16 – Aug 11		
17Y	LEADERS IN TRAINING Yurt	\$1300	SESSION ONE TRAINING Jul 2 - 14	SESSION ONE VOLUNTEER CONTRACT Jul 16 - 28	SESSION TWO TRAINING Jul 30 – Aug 11	SESSION TWO VOLUNTEER CONTRACT Aug 13 – 25
17Y	SAC DENE Yurt	\$7000	JULY AND AUGUST July 2 – Aug 25			

**Notes:** Leader-in-training and Sac Dene program registrations are completed after a selection process occurs. Applications for these programs are due by January 17<sup>th</sup>, 2023. Interviews will be held in early February 2023. Registration for these programs will then take place in March 2023.

Leaders-In-Training have some time off between their training and their volunteer dates. Please see full details in the camp description.



# REGISTRATION INFORMATION

Registration is done on our Online Portal.

If you are a returning camper, you will be able to use last year's login credentials to sign in to register.

If you are a new camper, you will have to create an account here:

[CLICK TO REGISTER](#)

## Returning Camper

January 17th, 2023

9:30 am MST



## \*NEW\* Camper

January 19th, 2023

9:30 am MST

## DEPOSIT AND PAYMENT INFORMATION

A 25% deposit of total registration fees is required at time of registration to secure your spot. During registration you can choose to pay in full, or select payment installments.

Installment payments are spread out over 3 payments and begin on March 1st, 2023.



# TRANSPORTATION FOR CAMP

Camp Chief Hector YMCA has two options for campers to get to and from camp for their overnight program. They can catch a bus at Shane Homes at Rocky Ridge YMCA or can be dropped off by personal vehicle to site. The bus option does not have a fee associated with it.



More information regarding pick up and drop off times will be released after registration.

**YMCA Calgary**  
is a charity on a  
mission to build a  
healthier, more  
connected community



If you require financial assistance, please send us an email to begin the application process.



**cchy@calgary.ymca.ca**

For more information about our Let's Raise program, or if you would like to become a donor, please click here:

**Let's Raise**

## CANCELLATION POLICY

- Cancellations less than 60 days before the program start date are charged a 25% cancellation fee
- Cancellations less than 14 days before the program start date will be charged the full camp fee
- Medical cancellations will receive a refund with a valid note from your primary health care provider
- Cancellations due to illness, on the first day of program or after, will be pro-rated refund from the time of the cancellation
- Refunds will not be issued where a camper is removed from the camp program at the choice or request of the camper or parent(s)/guardian(s), or because of not following the camper code of conduct for behaviour or camp rules
- Should we not be able to offer day camps safely under government restrictions, refunds and payment options will be provided
- Cancellations prior to 60 days before the first date of the session receive a full refund with no fee or penalty



# FOOD SERVICES FOR OVERNIGHT CAMP

Wondering what your child might eat  
while they are here?



Here at camp, we have a talented team of dedicated cooks & chefs who prepare delicious and nutritious meals each day for all of our campers!

Our Executive Chef mentors our kitchen staff to ensure our growing guests get well-balanced, nutritious and high protein meals while they stay with us.

If your camper has food allergies or restrictions, please ensure you include this on your camper's medical form. Our Cooks and Chefs have a vast amount of knowledge to accommodate allergens, dietary needs and special needs such as vegetarian, vegan, halal, celiac, lactose intolerance, nut allergies and picky eaters etc. if we are made aware ahead of arrival.

**For more information or if you have concerns,  
please contact us at [cchy@calgary.ymca.ca](mailto:cchy@calgary.ymca.ca)**



## HEALTH AND WELLNESS

**During summer camp, Camp Chief Hector  
YMCA provides health and wellness  
services to your camper when necessary.**

**This includes immediate first aid and  
prescription medication  
distribution/storage. Camp will require you  
or an emergency contact to pick up your  
camper for medical assessment if they are  
ill or injured.**





# EMPLOYMENT OPPORTUNITIES

We hire year-round for the following positions:

**Camp Counsellor/ Outdoor Schools Staff**

**Kitchen Staff**

**Skilled Resource Staff**

Backcountry Expedition Leaders

Waterfront Staff

Climbing and CUI Level Instructors

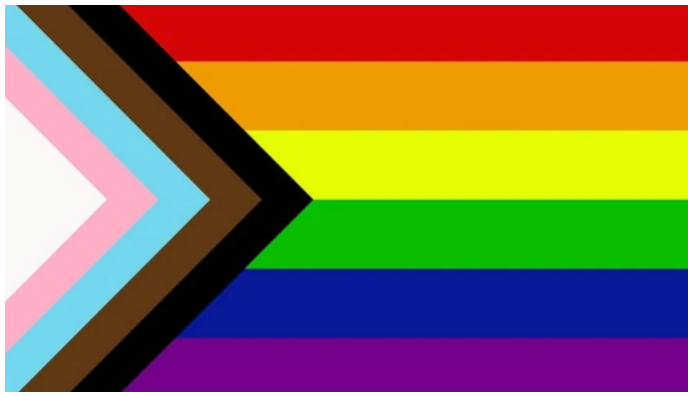
Wranglers

CLICK HERE TO

**APPLY**







## SUPPORTING GENDER DIVERSE CAMPERS

We are dedicated to the creation of a safe, secure space for those spending time at camp. It is the policy of YMCA Calgary and Camp Chief Hector to maintain and promote a community and facility that provides the highest quality of services to our campers regardless of their actual or perceived gender identity or sexual orientation. We encourage the parent(s) or guardian(s) of any transgender, trans+, and gender nonconforming campers to contact us at [cchy@calgary.ymca.ca](mailto:cchy@calgary.ymca.ca) to discuss a support plan and the commitments to inclusion made by YMCA Calgary / Camp Chief Hector and how we can best welcome and support your camper(s).

## ACKNOWLEDGING OUR LAND AND HISTORY

In the spirit of Reconciliation, we acknowledge that we live, work and play on the traditional territories of the Treaty 7 Nations. These are the Ancestral Lands of the three Bands of the Stoney Nakoda Nation: Chiniki, Wesley and Bearspaw, the Blackfoot Confederacy: Siksika, North and South Piikani Nations and the Kainai Tribe, the Tsuut'ina Nation of the Dene people, as well as the Metis Nation of Alberta, region 3. We gratefully acknowledge that this camp is named after Stoney Nakoda Chief Hector Crawler and that we are the current stewards of the land on which our camp sits. We are committed to exploring and understanding the historical roots of the YMCA relationship with the Stoney Nakoda people.



## ALUMNI AND RECENT CELEBRATIONS

At Camp Chief Hector YMCA, we acknowledge our vast history over the past 93 years in camping. Over the years, we have continually come together to learn, grow and explore the natural world.

In 2022, we celebrated 50 years since welcoming girls to Camp Chief Hector YMCA! To see a video to celebrate this event, please click: [50 Years of Girls](#)

**Calling all Camp Chief Hector YMCA alumni.**

**We want to connect with you!**

**Alumni Survey**



**[Click here to receive Alumni News!](#)**





**Camp Chief Hector YMCA  
offers seasonal  
programming for Outdoor  
School programs from  
September to June.**

**For more information about  
our Outdoor Schools  
program, please click the  
link below:**

**Outdoor Schools**